



2011

**ONTARIO PROVINCIAL
DIVING CHAMPIONSHIPS**

May 20 - 22, 2011

THUNDER BAY, ONTARIO

MEET PACKAGE



**Thunder Bay Diving Club
Presents**

2011 Ontario Provincial Diving Championships

**May 20th – 22nd, 2011
Thunder Bay, ON**

GENERAL INFORMATION

Date: May 20 – 22, 2011

Host Club: Thunder Bay Diving Club
420 Winnipeg Avenue
Thunder Bay, Ontario
P7B 6B7
807-684-3341
807-345-4520 (fax)
tbdc@tbaytel.net

Facility: Canada Games Complex
420 Winnipeg Avenue
807-684-3333
www.gamescomplex.com

Meet Manager: Jon Cuthbertson, jcuthbertson@tbaytel.net, (807) 627-6463
Technical Director: Tiffany McLean, Thunder Bay Diving Club

EQUIPMENT LIST

2 type "C" one metre maxiflex springboards
2 type "C" three metre maxiflex springboards
1 tower complex 3, 5, 7.5, & 10 metre with bubble machine
Pool depth 5 meters

SANCTION

Sanctioned by DPC and Dive Ontario

RULES

DPC (Diving Plongeon Canada) and Dive Ontario rules apply.

AGE OF COMPETITOR

Determined by Diver's age as of December, 31, 2011

DIVE SHEETS

Must be submitted electronically via e-mail at **tbdc@tbaytel.net** or as per DPC rules book, in hands of the Meet Office 48 hours before the posted start time of the event.

ENTRY FEES

Registration Fee: \$25.00 per diver
Entry Fee: \$25.00 per diver per individual event. Max \$100 for events.
\$30.00 per diver for hospitality
\$35.00 for spectator hospitality

Entry Deadline: **Friday, May 6th 2011**

NOTE: All athletes are registered with the hospitality program automatically and will be charged accordingly. For example: registration fee (\$25) + hospitality fee (\$30) + event fees (\$up to \$100). ***If hospitality is not required for an athlete, please notify meet manager by May 6th.***

COMPETITION AND TRAINING SCHEDULE

The times will be confirmed once all the entries are in. A detailed schedule will be distributed to the coaches and clubs prior to the event.

THURSDAY, MAY 19TH

PRACTICE 4:30 – 7:30 PM

FRIDAY, MAY 20TH

8:00am – 8:15am Coaches Meeting
8:15am – 9:30am Open Practice
9:30am – 10:00am Closed Practice
10:00am Start Girls & Boys A Platform
Girls B 1M / Boys B 3M
Girls & Boys D Platform
Boys C 1M / Girls C 3M
Mens & Womens Open Platform

Approx 5:00 pm Opening Ceremonies

SATURDAY, MAY 21ST

7:00am – 8:00am Open Practice
8:00am – 8:30am Closed Practice
8:30am Start Boys E 1M / Girls E 3M
Boys D 1M / Girls D 3M
Boys A 1M / Girls A 3M
Girls C Platform
Boys C
Boys B 1M / Girls B 3M
Mens Open 1M / Womens Open 3M
Mens & Womens Synchronized 3M

SUNDAY, MAY 22ND

7:00am – 8:00am Open Practice
8:00am – 8:30am Closed Practice
8:30am Start Girls A 1M / Boys A 3M
Girls & Boys B Platform
Girls C 1M / Boys C 3M
Girls E 1M / Boys E 3M
Girls D 1M / Boys D 3M
Womens Open 1M / Mens Open 3M

TIER I

Age of Competitor: Determined by diver's age as of December 31, _____

<u>Group</u>	<u># of Dives With Limit (max DD)</u>	<u># of Dives Without Limit</u>	<u>National Qualifying Scores</u>
Boys & Girls D- born in 2000 or later	4 (7.2) - 1 metre 4 (7.6) - 3 metre 4 (7.6) - plt	3 3 2	G - 190 & B - 190 G - 200 & B - 200 G - 175 & B - 175
Boys & Girls C- born in 1999 or 1998	5 (9.0) - 1 metre 5 (9.5) - 3 metre 4 (7.6) - platform	3 3 3	G - 245 & B - 230 G - 255 & B - 240 G - 225 & B - 225
Boys & Girls B- born in 1997 or 1996**	5 (9.0) - 1 metre 5 (9.5) - 3 metre G - 4 (7.6) - plt B - 4 (7.6) - plt	4 4 3 4	G - 300 & B - 280 G - 315 & B - 290 G - 245 B - 265
Girls A- born in 1995, 1994 or 1993**	5 (9.0) - 1 metre 5 (9.5) - 3 metre 4 (7.6) - plt	5 5 4	355 380 300
Boys A- born in 1995, 1994 or 1993**	5 (9.0) - 1 metre 5 (9.5) - 3 metre 4 (7.6) - plt	5 5 5	345 365 315
Women's Open	1 metre (Opts) 3 metre (Opts) Platform (Opts)	5 5 5	210 245 245
Men's Open	1 metre (Opts) 3 metre (Opts) Platform (Opts)	6 6 6	260 330 330

**PLEASE BE ADVISED THAT ALL GROUPS WILL START WITH COMPULSORIES AND FINISH WITH OPTIONALS.

GROUP E DIVE REQUIREMENTS: (BORN IN 2002 OR LATER)

Boys & Girls E 1m

6 dives First 2 dives must be 100 A front jump layout with hurdle
200 A back jump layout
4 additional dives from 3 groups.
All dives are assigned a D.D. of 1.8.

Boys & Girls E 3m

6 dives First 3 dives must be 001 standing forward entry
002 standing backward entry
100B front jump pike with hurdle
3 additional dives from 3 groups.
All dives are assigned a D.D. of 1.9

Hotels & Tourism

Victoria Inn

Bulk booking under – Thunder Bay Diving Club or 261104

- o 105.99 + tax per night
- o 555 Arthur Street West, Thunder Bay, ON P7E 5R5
- o (807)577-8481
- o <http://www.vicinn.com>

Prince Arthur Waterfront Hotel Suites

Bulk booking under – Thunder Bay Diving Club or 137713

- o 89.00 + tax per night
- o 17 Cumberland Street North, Thunder Bay, ON P7A 4K8
- o (807)345-5411
- o <http://www.princearthur.on.ca/>

Valhalla Inn

Bulk booking under – Thunder Bay Diving Club or 801198

- o 105.00 + tax per night
- o 1 Valhalla Road, Thunder Bay, On, P7E6J1
- o 807-577-1121 or 1-800-964-1121
- o <http://www.valhallainn.com/>

Thunder Bay Tourism Information

www.thunderbay.ca

Questions/Concerns?

Contact Jon Cuthbertson, Meet Manager, jcuthbertson@tbaytel.net, (807) 627-6463