

The Forest City Diving Club
Adult Learn-to-Dive Programme: Diver Profile & Questionnaire

Name: _____

Date of Birth (To determine your age category): _____

Do you have prior diving experience? Y | N If so, Number of Years Diving: _____

Year When You Started Diving: _____ Most recent year diving: _____

Where did you Learn/Train? _____

Who was your coach? _____

What level did you achieve in the FCDC Learn to Dive Programme (if applicable)? _____

What other sports do you enjoy? _____

Do you have any gymnastics, trampoline, or dance training? Y | N

If so, please provide details:

What made you want to join our Programme?

What do you hope to achieve in your Learn to Dive session?

Are there any skills that you really want to learn?

Are there any skills that you really DON'T want to try?

Are there any physical or psychological restrictions that may impede your ability to learn diving?